

# INSIDE THIS ISSUE

## Upcoming events

Find out about our upcoming meetings, seed swap, regular afternoon teas, Wanstead Jumble Trail and your IT skills needed!

## Recent events

Trip to RHS Wisley and June meeting.

Please send items for the newsletter to [wanstead-wi@hotmail.co.uk](mailto:wanstead-wi@hotmail.co.uk)



## MEETING ON 21 SEPTEMBER

At our next meeting on Thursday 21 September, food writer and historian Sam Bilton joins us to talk about the significance of saffron and sample some delights! There will also be a chance to buy her book [Fool's Gold, a history of British Saffron.](#)

Volunteers are needed to deliver the foodbank items and a sign-up sheet will be available at the meeting to please help out, if you can.

We look forward to seeing you!

## Please remember to bring:

- A mug and glass
- Money for the home stall and NFWI raffle
- Pennies for friendshipW
- Donations for the food bank
- Seeds for the seed swap

# Upcoming events

## SEED SWAP

It has been suggested that we have a seed swap when members bring to the next couple of meetings seeds they have collected, or part packets of seeds, and swap with other members. There will be a table set up for the seeds.

Please put them in packets or envelopes and write their name on the front, preferably with a short description of colour and type of flower.



## OCTOBER AND NOVEMBER MEETINGS

On 19 October, we'll be holding a seasonal craft workshop. This will be a sociable occasion to show your artistic side, led by Cathy Unwin and Gill Wensley, WWI members. Theme to be announced!

On 16 November, the topic will be Guardians of the Light with author and lecturer Mark Lewis. Discover the world of the lighthouse keeper. What were the daily lives, hobbies, challenges and heroic deeds of the men and women who tended the lights?



## REGULAR AFTERNOON TEAS

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Meeting for a chat over a tea and coffee at The Bull and Cafe Belgique are well attended. It's a chance for new members to meet and get to know others from Wanstead WI. No need to tell us in advance, just turn up. Look forward to seeing you soon.

Maud and Angela K

- Thursday 28 Sept, 11.00 The Bull
- Thursday 5 Oct, 2.30 Cafe Belgique
- Thursday 26 October, 11.00 The Bull
- Thursday 2 November, 2.30 Cafe Belgique



## WANSTEAD JUMBLE TRAIL

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I will be having a stall at home for the Wanstead Fringe Jumble Trail on Saturday 23rd September from 11.00 until 2.00. I will be selling a wide variety of products from brand new goods to pre-loved items. It would be lovely to see you if you could pop round.

My address is 56 Overton Drive, Wanstead, E11 2NJ.

Any queries please let me know either by email at [mrgtrbrwn@aol.com](mailto:mrgtrbrwn@aol.com) or by phone on 07845737036.

If it's a wet day the stall will be in the garage!

Many thanks,

Margaret Brown

For more information about the Jumble Trail and a map visit <https://wansteadfringe.org/event/jumble-trail/>



## TECHNICAL SUPPORT FOR OUR SPEAKERS

At the moment Gill Thackeray is our only support if any speakers need to use our projector/laptop for their presentation. We would like to create a small pool of members who would be willing to assist if Gill can't attend a meeting. She'll be very happy to share her skills. ( I can vouch for her patience)

If you would like to get involved please send an email titled Technical Support to the Wanstead WI email at [Wanstead-wi@hotmail.co.uk](mailto:Wanstead-wi@hotmail.co.uk).





## WANSTEAD AND WOODFORD FILM CLUB – JULY-SEPTEMBER

Below is the upcoming programme for the Wanstead and Woodford Film Club which holds monthly screenings at the **Odeon Cinema**, 60-64 High Road, South Woodford, E18 2QL (near George Lane) Telephone: 020 8989 3463. Bus routes 123, 179, 679, W12, W13 & W14 stop nearby. There are no adverts or trailers shown.

Films are shown at 12.30pm on the first Monday of every month. Everyone is welcome at our Film Club. There is no membership charge but a 20p donation is requested to cover essential costs. You pay the normal admission charge at the box office. Council car parking is available at the bottom of George Lane or further north on Woodford High Road.

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| <p><b>Monday</b><br/>2nd<br/><b>October</b></p>  | <p><b>Allelujah! (2022)</b><br/>Director: Richard Eyre Duration: 1 hour 39 minutes Language: English<br/><i>Drama</i><br/><i>The story of a geriatric ward in a small Yorkshire hospital that is facing closure.</i></p>  |
| <p><b>Monday</b><br/>6th<br/><b>November</b></p> | <p><b>The Lost King (2022)</b><br/>Director Stephen Frears Duration: 1 hour 48 minutes Language: English<br/><i>Drama/ Comedy</i><br/><i>An amateur historian defies the stodgy academic establishment in her efforts to find King Richard III's remains, which were lost for over 500 years.</i></p> |

**Enquiries:** Anne Pomfret (at the showing) or Dorothy Sullivan: [weafilmclub18@gmail.com](mailto:weafilmclub18@gmail.com)  
Send your e-mail address to join our e-mailing list for programme updates etc. An email announcing each month's film is sent one week in advance of the date of showing. Films may be subject to change without notice due to reasons outside our control.



# Recent events

## TRIP TO RHS WISLEY

On 25th July 47 members and a few friends enjoyed a Wanstead WI coach outing to the famous RHS Wisley gardens in Surrey. It was a lovely sunny day and we met the coach outside our meeting hall in Wanstead and set off at 9am. There was a lot of laughter and chatter on our journey and we arrived at 10.45 to be met by three excellent tour guides who split us into small groups and guided us around the beautiful gardens and the house. They shared their extensive knowledge and told us about the history of the gardens, the trees and plants that we saw and the work and education that takes place at Wisley. The long border was certainly a highlight for many of us.

The pace was perfect, the gardens fabulous and it was a very interesting and enjoyable 90 mins.

After lunch at one of the cafes at Wisley we were free to wander, to shop at the nursery and to continue to explore the beautiful gardens.

Our coach was waiting for us at 3.45 and we began the journey home, with a few extra passengers by way of the plants that we purchased, and arrived back in Wanstead at 6 pm.

The sun shone all day, the company was, of course lovely and it seems that an enjoyable day was had by all.





## WANSTEAD GOES MUDLARKING

We all had a very enjoyable and interesting time this August mudlarking down on the Thames foreshore at Bankside with our expert guide Vanessa Bunton. Before going down on the foreshore, Vanessa gave us a detailed and very informative history of the Thames. She also showed us some of the artefacts we would be likely to find, ranging from Roman, Tudor and medieval pottery and clay pipes to animal bones and modern day objects. Everyone found something and Maggie also happened to find a probably Tudor sharpening stone which Vanessa keenly took away with her to undertake some further research on!!

If you would like to find out more about mudlarking or want to go on another similar tour run by the Thames Explorer Trust, just go to their website [Thames-explorer.org.uk/guided-tours](http://Thames-explorer.org.uk/guided-tours). Tours cost £25 per person for 2 hours and usually they have 3 to 4 tours each month at different foreshore sites along the Thames including Wapping, Rotherhithe and Limehouse. All you need to do is book online.

Claire



Wanstead WI members down by the Thames



## AUGUST MEETING

Our August meeting was a social with a very welcome visit from the ice cream van! Yum!

