

Welcome to your newsletter



What good value!

Where could you go and sit with old friends or make new friends and have a hot drink for £1 and a piece of cake for 50p?

Where could you go to be entertained or informed or challenged for an evening for £1.50?

The answer, of course, is your monthly Wanstead WI meeting.

Have you ever thought about the cost of your monthly WI meeting?

From your subscription £18 goes to Wanstead WI. The remainder goes to Essex Federation and NFWI. Your meeting actually costs you £1.50!

From that £18 the committee has to pay for the hire of the hall, fees and expenses for speakers as well as sundries like stationery, drinks and extra food at socials and events.

It costs £153 to print the yearly programme leaflet that you are given.

The speaker costs in 2016 were £385 and this year are £425.

How do we manage to pay for all this and more?

Well, for the additional money we rely on members buying raffle tickets and having refreshments at each meeting.

Please help your WI by buying a raffle ticket at every meeting and donating prizes when you can.

Buy refreshments (there is a range of fruit teas for members who don't want caffeine in the evening), and cake – you can always buy a piece to take home if you trying to cut the carbs!

So, £1.50 really *is* good value for an enjoyable evening.

Dates for your Diary

A longer list as the next newsletter won't be until mid-September.

5 July	Committee meeting
12 July	The Eagle for drinks and or food 7.30pm
20 July	Evening meeting 7.45 to help for 8pm start
24 July	Craft club 2 -5 at Maggie's
27 July	Coffee morning at The Manor - opposite Majestic Wine.11 am
27 July	Thursday Book club at Susanne's. 8pm
No meeting	Committee meeting
9 August	The Eagle for drinks and or food 7.30pm
14 August	Craft club 2 -5 at Maggie's
17 August	Evening meeting 7.45 to help for 8pm start
24 August	Coffee morning at The Manor - opposite Majestic Wine.11 am
24 August	Thursday Book club at Susanne's. 8pm
28 August	Craft club 2 -5 at Maggie's
6 September	Committee meeting
11 September	Craft club 2 -5 at Maggie's
13 September	The Eagle for drinks and or food 7.30pm
21 September	Evening meeting 7.45 to help for 8pm start
25 September	Craft club 2 -5 at Maggie's
28 September	Coffee morning at The Manor - opposite Majestic Wine.11 am
28 September	Thursday Book club at Susanne's. 8pm
tbc	Committee meeting
9 October	Craft club 2 -5 at Maggie's
11 October	The Eagle for drinks and or food 7.30pm
19 October	Evening meeting 7.45 to help for 8pm start
23 October	Craft club 2 -5 at Maggie's
26 October	Coffee morning at The Manor - opposite Majestic Wine.11 am
26 October	Thursday Book club at Susanne's. 8pm

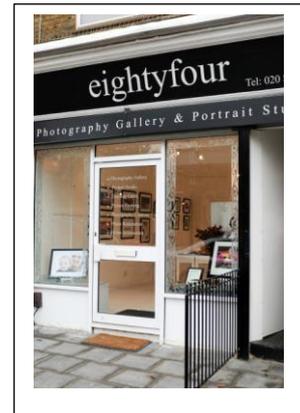
Have a look in the Connections Book at the next meeting and find some friends with similar interests. New members please add your names.

Next meeting

20 July A Life Behind the Lens
Geoff Wilkinson, Gallery Eighty-four

Geoff has had a 40 year career as a photojournalist and runs his own gallery in Wanstead.

Refreshments: Ann P Linda M Lee N



Previous meeting

15 June Bollywood Inspired Fun & Dance Yourself to Fitness

54 members enjoyed dancing with Vanessa, from Khyal Arts.

Refreshments: Thank you Donna Tooth, Theresa Harrison, Susan Leaman

Future Meetings



17 August A Summer Celebration

Don't forget to come to the Summer Social

Please bring some food to share. Don't forget your plate, glass and cutlery.

Refreshments: Margaret Hays Frances Davies
Ann Smart

21 September "Tai Chi – the way of Life"

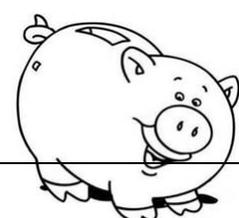
Veronica Ashcroft, Master Trainer from the Tai Chi Institute will give a talk about Tai Chi.

Refreshments: Kay Jones

Diana Oxley Zara Beiny



[to meetings](#)



- * a mug for your refreshment drink
- * your spare pennies for the 'Pennies for Friendship' piggy bank
- * raffle prizes and money for tickets
- * donations for the Food Bank always needed.
- * **one book or quality monthly magazine for the Book Swap Box**
- * yarns, craft papers, materials etc. for Craft swap box

PLEASE REMEMBER TO SIGN IN AT EVERY MEETING AND WEAR YOUR NAME LABEL

Things to read on the washing line and table at WI meetings

Calendar of events

Minutes of meetings

[Connections Folder](#)

NFWI and Essex Federation info Wanstead Events and outings - details on notice board

Essex/National Federation news

Have a look at the current Essex WI News- there are lots of courses as well as days out and about in Essex advertised

22/23 November Open Days at Headquarters

[Do you know about MyWI?](#) [Do you know what the Moodle is?](#)

My WI is a new strategy for keeping members in touch with NFWI and the Moodle is a reference guide for information about NFWI.

Don't forget Denman

Look out for the Denman Course booklet on the noticeboard table. We're keen to support Denman College as much as possible, so if you are interested in any of their courses, Wanstead WI will help with the costs. Just get in touch with any Committee member **before you apply**. The NFWI also provides various bursaries.

WI Raffle 2017

Tickets for this year's National Annual WI raffle The Top Four Prizes are £10,000; a Holiday for two (value £3,500 from Collette); 4200XL Satin Food Processor; and Pre-show dinner & top seats for two at a West End Show (Ambassadors theatre group). Runner up prizes are Singer Sewing Machine, £100 Gift Voucher and a Martha Hill Beauty Hamper Box. £1 per ticket will get you the chance to win a fabulous prize. Gladys and (hopefully) a volunteer will be selling tickets at meetings. Please buy one as each federation gets 60% of the proceeds sold in their area.

Future Wanstead WI events

Everyone is welcome and new members are particularly invited to join events organised by members.

ELY CATHEDRAL CHRISTMAS FAIR

After the success of last year's visit to Hatfield House Frost Fair, members expressed an interest in going to The Ely Cathedral Christmas Gift and Food Fair trip with Wests Coaches on Saturday 18th November. Alison Russell has booked a seat already.

If you would like to go, please phone Wests on 020 8505 8833. They will give you details. The cost is £21.00 or £20.50 if you are a "concession". If you say you are with Wanstead WI they will try to seat every one near to each other. Or you can get a brochure from Abbots in George Lane South Woodford, or Krishanco in High Street Wanstead OR come to the coffee morning on Thursday and I will bring my copy and we can discuss it and other possible treats!

Linda Andrews

Members Corner – Wanstead WI out and about

Chelsea Physic Garden 12 June

What a wonderful day out. The weather was just right – warm and sunny. The gardens were gorgeous and our guides were really knowlegable.

The food was lovely – we sat at long tables outside under the gazebo, and everything was brilliantly organised by Linda Andrews.

Many thanks Linda



Would you be interested in organising a members day out but are worried that no one will turn up because you are new? Speak to a committee member about your idea and get it publicised. You don't have to do all the booking yourself – someone will help.

Items of interest

Please help - Leytonstone Food Bank needs toiletries and sanitary protection urgently.

Do you have a few hours to spare?

The Barnardos shop in Wanstead urgently need volunteers to help sort, serve on the till Call in or phone 0208 989 0380 if you would like to join this friendly shop team.

A message from Angela K

" If you enjoyed the Bollywood dancing last month, you might like to try the class in Walthamstow village that Vanessa teaches. It's advertised for over 60's but younger dancers also welcome. It's also a good way of exercising and feeling fit.

It's held at St Mary's welcome centre, 8 Church Path, Walthamstow E17 9RJ on 3rd afternoon of the month. (near Vestry House, Walthamstow village.)

It's from 2 to 3 and costs £6."

Look at Khyal Arts' website for more information .

National Gardens Scheme 8 Sept Open Garden for WI members at Teresa's. See her at the meeting for more information.

Silver Screen Anyone fancy going to the Odeon South Woodford on Tuesdays and Thursdays 11 or 2 o'clock every week for £3 each session? Includes tea and biscuit! Can we get a group together?

Mystery Screen on Mondays. See notice board. Is anyone interested in organising a list for this? Shirley T posted about this on the Facebook page – please join her.

East London and Essex Electronic Keyboard Club have regular Wednesday concerts playing a variety of music from the shows to classical and the Big Band sound. Concerts start at 7.50 'til 10.15 at Wanstead Library. Tickets £7

Also look out for events at The Cadogan Hall featuring The Jazz Repertory Company.

Join Wanstead WI Facebook group

LOOK AT OUR WEBSITE.

WI Education, interest and empowerment